

# Cariboo Adventist Academy Graduation Handbook

"Commit to the LORD whatever you do, and your plans will succeed." Proverbs 16:3

### Contents

| Introduction               | 3  |
|----------------------------|----|
| Terms                      | 4  |
| Applying to Post-Secondary | 5  |
| Universities & Colleges    |    |
| Canada                     | 7  |
| Seventh-Day Adventist      | 13 |
| Scholarships               |    |
| Applying for Scholarships  | 14 |
| Canada                     | 16 |
| British Columbia           | 16 |
| Alberta                    | 18 |
| Loans                      | 20 |
| Other Opportunities        | 21 |
| References                 | 23 |

Updated May 2019

## Graduation Handbook

"If opportunity doesn't knock, build a door." -Milton Berle This handbook contains information about post-secondary institutions and financial aid. It attempts to educate graduates on the different Universities and Colleges they can apply for and gives tips on how to choose between schools.

Additionally, this handbook contains a list of bursaries, scholarships, and awards that are available to graduating Cariboo Adventist Academy students. There are opportunities available to those who wish to put in the effort. Many rewards acknowledge involvement within the school and community, so get involved!





#### **General Institution Admission Requirements**

Requirements that are mandatory for applicants. Each post-secondary's requirements vary.

#### **Program Admission Requirements**

In addition to the General Institution Admission Requirements, the program itself may have additional requirements.

#### **Scholarships**

Scholarships are traditionally based on academic achievement. However, scholarships are now given to students who have made achievements outside of academia. It is important to note that many scholarships require a copy of your academic transcripts.

#### **Bursaries**

Bursaries are typically awarded to students with financial need. Bursaries may have academic requirements but are predominantly focused on helping students who do not have the resources to pay for school. Bursaries usually require proof as to why you are in need of financial assistance.

#### Loans

Students loans contribute to a large portion of student financial aid. Students loans are provided by the government or a bank. Student loans, alongside the interest charged on the amount, are expected to be paid back after the students completes or leaves school.

## Applying to Post-Secondary



Explore the different programs that are available. To narrow your search, focus on your interests: the subject you wish to study, your location, and the length of time.

## **STEP 2**

**STEP 1** 

#### WHAT FITS YOU?

Compare a few different post-secondary institutions and programs. Do they fit your career goals, the time you have, and how much you can afford? Keep in mind the transfer opportunities. Where you start may not be where you end up.

### **STEP 3**

#### KNOW THE ENTRANCE REQUIREMENTS

The General Institution Admission Requirements for each post-secondary school varies. Be sure you check the requirements and ensure you meet them.

## **STEP 4**

#### THE PROGRAM

In addition to the General Institution Admission Requirements, the program itself may have additional requirements.

## **STEP 5**

#### MONEY MATTERS

The cost of tuition and expenses vary from post-secondary to post-secondary. Compare tuition, living costs, transportation costs, as well as cost of books and supplies. Be sure to research scholarships and bursaries that are available to you.

**STEP 6** 

#### **DEADLINES**

There are deadlines for applications and financial aid. Make note of them and be proactive.

**STEP 7** 

#### EXPLORE THE CAMPUS AND SERVICES

Make a trip to the campus, find the map, and check out the housing options, clubs, sports, activities, and services that are available for you.



STEP 8

#### GET HELP

If you have questions or concerns, contact an academic advisor or the New Students or Student Recruitment office at the institution.



#### GET APPLY-READY

Preparing post-secondary admission application takes time and there are application fees. Make a check list of all the documents you need and ensure that all components of your application are sent in before the deadline.

## Universities & Colleges

### CANADA

### **UNIVERSITIES**

#### **British Columbia**

Vancouver Island University Royal Roads University Simon Fraser University Trinity Western University Thompson River University University of the Fraser Valley University of British Columbia University of Northern British Columbia University of Victoria

#### Saskatchewan

First Nations University of Canada University of Regina University of Saskatchewan

#### Alberta

Athabasca University Augustana University College Concordia University College of Alberta The King's University College University of Alberta University of Calgary University of Lethbridge MacEwan University Mount Royal University

#### Manitoba

<u>Brandon University</u> <u>University of Manitoba</u> <u>University of Winnipeg</u> <u>Canadian Mennonite University</u> <u>St. Paul's College</u> Université de Saint-Boniface

#### Ontario

Algoma University Brescia University College Brock University Carleton University Dominican University College Huron University College at Western University Lakehead University Laurentian University McMaster University Nipissing University **OCAD** University Queen's University Redeemer University College Royal Military College of Canada **Ryerson University** Saint Paul University St. Jerome's University **Trent University** University of Guelph University of Ontario Institute of Technology University of Ottawa University of St. Michael's College University of Sudbury University of Toronto University of Trinity College University of Waterloo University of Western Ontario University of Windsor Victoria University Wilfrid Laurier University York University

#### Québec

Bishop's University Concordia University École de technologie supérieur École nationale d'administration publique École Polytechnique de Montréal HEC Montréal Institut national de la recherche scientifique McGill University TÉLUQ Université de Montréal Université de Sherbrooke Université de Québec Université du Québec à Chicoutimi (UQAC) Université du Québec à Montréal (UQAM) Université du Québec à Rimouski (UQAR) Université du Québec à Trois-Rivières (UQTR) Université du Québec en Abitibi-Témiscamingue (UQAT) Université du Québec en Outaouais Université de Laval

#### P.E.I

University of Prince Edward Island

#### Nova Scotia

Acadia University Cape Breton University Dalhousie University Mount Saint Vincent University NSCAD University Saint Mary's University St. Francis Xavier University Université Sainte-Anne University of King's College

#### **New Brunswick**

<u>Mount Allison University</u> <u>St. Thomas University</u> <u>Université de Moncton</u> <u>University of New Brunswick</u>

Newfoundland and Labrador

Memorial University of Newfoundland

### COLLEGES

#### **British Columbia**

**British Columbia Institute of Technology** Okanagan College **Brighton College** Columbia College **Camosun** College **Canadian** College Capilano University Collège Éducacentre College of the New Caledonia College of the Rockies **Douglas College Eton College** Justice Institute of British Columbia Kwantlen Polytechnic University Langara College Native Education College Nicola Valley Institute of Technology North Island College Northern Lights College Northwest Community College **Okanagan** College Selkirk College Sprott Shaw College Vancouver Community College Vancouver Institute of Media Arts

#### Alberta

<u>Alberta Bible College</u> <u>Alberta College of Art and Design</u> <u>Ambrose University College</u> <u>Bow Valley College</u> Canadian University College

Concordia University College of Alberta **DeVry Institute of Technology** Grande Prairie Regional College Keyano College Lakeland College Lethbridge College Medicine Hat College NorQuest College NAIT Northern Lakes College **Olds** College Portage College **Red Deer College** SAIT St. Mary's University College Taylor University College and Seminary The King's University College

#### Manitoba

Winnipeg Technical CollegeAssiniboine Community CollegeUniversity College of the NorthRed River College of Applied Arts, Science andTechnologyÉcole technique et professionnelle, Université deSaint-BonifaceManitoba Institute of Trades and Technology

#### **New Brunswick**

<u>New Brunswick College of Craft and Design</u> <u>New Brunswick Community College</u> <u>Maritime College of Forest Technology</u> <u>New Brunswick Bible Institute</u>

#### Newfoundland and Labrador

College of the North Atlantic Marine Institute Centre for Nursing Studies

#### Ontario

Université de Guelph, Campus d'Alfred Algonquin College Collège Boréal Cambrian College of Applied Arts and Technology Canadore College of Applied Arts and Technology Centennial College of Applied Arts and Technology La Cité collégiale Conestoga College Institute of Technology and Advanced Learning Confederation College of Applied Arts and Technology **Durham College** Fanshawe College of Applied Arts and Technology Fleming College George Brown College Georgian College of Applied Arts and Technology Humber College Institute of Technology & Advanced Learning University of Guelph, Kemptville Campus Lambton College of Applied Arts and Technology Loyalist College of Applied Arts and Technology The Michener Institute for Applied Health Sciences Mohawk College of Applied Arts and Technology Niagara College Northern College of Applied Arts and Technology St. Clair College of Applied Arts and Technology St. Lawrence College

Sault College of Applied Arts and Technology Seneca College of Applied Arts and Technology Sheridan College Institute of Technology and Advanced Learning

#### **Northwest Territories**

Aurora College Academy of Learning College

#### Nova Scotia

Canadian Coast Guard College Gaelic College Kingston Bible College Nova Scotia Community College

#### Nunavut

Nunavut Arctic College

#### P.E.I

<u>Holland College</u> <u>Maritime Christian College</u> <u>Collège Acadie Î.-P.-É.</u>

#### Québec

Cégep de l'Abitibi-Témiscamingue Collège Ahuntsic Collège André-Laurendeau Cégep de Baie-Comeau Cégep Beauce-Appalaches Collège de Bois-de-Boulogne Champlain Regional College Cégep de Chicoutimi Dawson College Cégep de Drummondville Cégep Édouard-Montpetit Collège Francois-Xavier-Garneau Cégep de la Gaspésie et des Îles Collège Gérald-Godin Cégep de Granby-Haute-Yamaska Heritage College John Abbott College Cégep de Jonquière Cégep de La Pocatière Cégep régional de Lanaudière Cégep de Lévis-Lauzon Cégep Limoilou Collège Lionel-Groulx Collège de Maisonneuve Cégep Marie-Victorin Cégep de Matane Collège Montmorency Cégep de l'Outaouais Cégep de Rimouski Collège de Rosemont Cégep de Saint-Félicien Cégep de Saint-Hyacinthe Cégep de Saint-Jean-sur-Richelieu Cégep de Saint-Jérôme Cégep de Saint-Laurent Cégep de Sainte-Foy Cégep de Sept-Îles Collège Shawinigan Cégep de Sherbrooke Cégep de Sorel-Tracy Cégep de Thetford Cégep de Trois-Rivières Collège de Valleyfield Vanier College

Cégep de Victoriaville Cégep du Vieux Montréal Collège Bart Collège Jean-de-Brébeuf Collège Laflèche LaSalle College Marianopolis College Collège International Marie de France Collège Mérici O'Sullivan College of Montreal Collège O'Sullivan de Ouébec Collège Stanislas École de musique Vincent d'Indy National Circus School Séminaire de Sherbrooke **Trebas** Institute

#### Saskatchewan

**Bethany College Briercrest College and Seminary Carlton Trail Regional College** Horizon College and Seminary **College Mathieu Cumberland** College Eston College **Great Plains College** Nipawin Bible College Northlands College North West Regional College Parkland College Saskatchewan Indian Institute of Technologies Saskatchewan Institute of Applied Sciences and Technology Southeast Regional College

St Peter's College

Western Academy Broadcasting College

#### Yukon

Yukon College

## Universities & Colleges

### SEVENTH-DAY ADVENTIST



AdventHealth University: Orlando, FL Andrews University: Berrien Springs, MI Burman University: Lacombe, Alberta, CA Kettereing College: Kettering, OH La Sierra University: Riverside, CA Loma Linda University: Loma Linda, CA Oakwood University: Huntsville, AL

Pacific Union College: Napa Valley, CA Southern Adventist University: Collegedale, TN Southwestern Adventist University: Keene, TX Union College: Lincoln, NE Walla Walla University: Walla Walla, WA Washington Adventist University: Takoma Park, MD

## Scholarships

## **APPLYING FOR SCHOLARSHIPS**

#### DO YOUR RESEARCH

Look for scholarships within your school, community, and specific post-secondary institution of choice.

**STEP 2** 

**STEP 1** 

#### READ THE CRITERIA

If you think you qualify for the scholarship, keep the application information. Do not stress over the ones you do not qualify for—use your time wisely!

#### STEP 3

#### SORT AND ORGANIZE

Gather and read all information for the scholarships you qualify for. Some require you to meet 100% of the criteria, while others have more flexibility. Focus your time on the ones that you believe you have the best chance of receiving.

**STEP 4** 

#### MAKE A CALENDAR OF DEADLINES

Application deadlines will vary from scholarship to scholarship. Ensure your application is received at. Least four days before the deadline. Make sure *all* of the supporting documents are prepared in advance.

### STEP 5

#### GATHER REFERENCE LETTTERS

Contact your references and give them at least 4-6 weeks and plenty of time to customize their letters. Supply them with the details of the scholarships.

### STEP 6

#### CREATE SCHOLARSHIP PORTFOLIO

Each application will ask for different supporting documents (resumes, personal statements, examples of work, achievements, essays, etc.). Create a portfolio. This will keep you organized and make these documents easily accessible.

## STEP 7

#### TRANSCRIPTS

Most applications will require a copy of your transcripts from high school. Plan ahead-these take time!



PROOFREAD

Proofread your application carefully and ask someone to proofread it as well. Your application must look professional. Keep your application easy to read.

STEP 9

TRACK YOUR APPLICATIONS

Keep a copy of all applications you send and what days they were sent.



## Scholarships

## CANADA

## Nation-Wide Scholarships & Bursaries

<u>Canada student grant for full-time students</u>: This program gives extra help to students from low and middle-income families.

<u>Canada student grant for part-time students</u>: This program provides extra help to low-income part-time students.

<u>Canada student grant for part-time students with dependents:</u> This program helps part-time students with dependents with the cost of education.

<u>Canada student grant for services and equipment for students with permanent disabilities</u>: This program helps part-time or full-time students with permanent disabilities pay for exceptional education related costs for services and equipment.

<u>Canada student grant for students with dependents</u>: This program helps full-time students with dependents with the cost of education.

<u>Canada student grant for students with permanent disabilities</u>: This program helps part-time or full-time students with permanent disabilities with the cost of education.

<u>Schulich Leader Scholarships</u>: Schulich Leader Scholarships are prestigious entrance scholarships awarded to high school graduates enrolling in Science, Technology, Engineering or Mathematics (STEM) programs at their 20 Canadian partner Universities.

## **BRITISH COLUMBIA**

### Provincial Scholarships & Bursaries

<u>Assistance program for students with permanent disabilities</u>: This program helps students with permanent disabilities pay for exceptional education-related services and adaptive equipment.

<u>BC Achievement</u>: BC Achievement Scholarships recognize the top 8,000 graduates in the province. The Ministry will determine recipients based on achievement in Grades 10, 11, and 12 courses.

<u>B.C. access grant for deaf students</u>: This grant helps deaf and hard of hearing students with the additional costs incurred while attending specialized post-secondary institutions where curriculum is delivered in American sign Language.

<u>B.C. access grant for students with permanent disabilities</u>: This program helps full-time students with a permanent disability with the cost of education by replacing approximately \$1,000 in B.C. student loan funding.

<u>B.C. completion grant</u>: Full-time students who successfully complete each year of their studies may have the B.C. portion of their Canada-B.C. integrated student loan debt reduced by the provincial government.

BC Excellence: There are 55 BC Excellence Scholarships available to recognized well-rounded B.C. graduates.

BC Tech Scholarships: Up to 3 grants for grade 12 graduates entering post-secondary.

<u>District/Authority</u>: There are 5,000 District/Authority Scholarships distributed across school districts and independent school authorities. They recognize graduating B.C. students for excellence in their chosen area of interest or strength.

<u>Horatio Alger Association of Canada:</u> Provides \$1.2 million annually in need-based scholarship support for deserving students in all Canada provinces and territories.

Loran Scholars Foundation: Largest and most comprehensive four-year undergraduate award (valued at \$100,000) to young Canadians on the basis of character, service and the promise of leadership.

Lieutenant Governor's Medal Program for Inclusion, Democracy and Reconciliation: Notices a student who has promoted diversity and inclusion.

Northern Pathways to Medicine Bursary Program (UNBC): University entrance award created by the Northern Medical Programs Trust.

<u>Pathway to Teacher Education Scholarship</u>: The Pathway to Teacher Education Scholarship is awarded to 20 outstanding high school graduates who have demonstrated a commitment and aptitude for a career path in k-12 teaching.

<u>Skills for Hope Foundation Scholarships</u>: For students who demonstrate involvement with community service or volunteerism and must demonstrate the ability to overcome challenges to achieve their goals.

Terry Fox Humanitarian Award: Involved in voluntary humanitarian activities.

<u>The Nurses Education Bursary</u>: awarded each year to qualified nursing applicants who demonstrate the greatest financial need.

<u>Youth Futures Education Fund</u>: Provides a grant to recipients of the Former Youth in Care Provincial Tuition Waiver, to assist with supplemental educational funding for expenses such as books, housing, utilities, or emergency situations.

Youth educational assistance fund for former youth in care: This program provides grants of up to \$5,500 per program year to former B.C. youth in care students between 19 and 24 years of age. Students may receive a maximum of four grants.

## BC's Apprentice and Trades Financial Support

<u>AIA and the UofAF Scholarship Program</u>: A Canadian scholarship, which all students are encouraged to apply. However, priority will be given to those pursuing a career in the automotive aftermarket.

<u>B.C. Access Grant for Labour Market Priorities</u>: Provides non-repayable funding to encourage students to attend targeted high-priority programs at public post-secondary institutions.

<u>B.C. Government and Service Employees Union Scholarships:</u> Scholarships for post-secondary studies undertaken by BCGEU members, staff, and their families.

<u>Gardener Corner Scholarship</u>: For those who have a strong passion for gardening, farming, raising livestock, green living, homesteading, agriculture, and permaculture.

<u>Holmes Foundation's Scholarships and Bursaries</u>: Scholarships and Bursaries are for students in residential renovation or construction.

<u>Orvil L. Davie Memorial Fund</u>: The purpose of the fund is to assist students in completing their education for a career in heating, ventilation, air conditioning, and refrigeration industry.

<u>TrustedPros Scholarships</u>: TrustedPros awards two yearly scholarships to qualified applicants enrolled in a residential renovation or construction trade-related course of study.

<u>WorkBC</u>: A 'one-stop-shop' where apprentices and their employees can learn all the financial supports available for them from Provincial and Federal sources.

WHMIA Educational Foundation Scholarship: Scholarship for Woodworking Manufacturing students.

Databases

BC Scholarships: Scholarship resource for British Columbia students.

Disability Awards: A database of scholarships available in Canada specifically for students with disabilities.

FastWeb!: Matches students with scholarships, internships, and colleges that could be of interest.

<u>Government of Canada—Student Financial Assistance</u>: Provides lists of grants, loans, scholarships, education savings, apprentice loans and grants.

<u>Irving K. Barber BC Scholarship Society</u>: Provides scholarships and awards to BC students to assist them with the completion of their post-secondary studies. Scholarship categories include transfer, international, indigenous and women in tech.

Scholarships Canada: A database of scholarships, student awards and bursaries available to students.

<u>ScholarTree:</u> A database of Canadian scholarships that are available. Most of these awards' deadlines are in May and June for those who have put off applying to scholarships throughout the school year.

Student Awards: A Canadian free scholarship matching and peer-to-peer support for your life as a student.

Universities Canada: Provides end-to-end scholarship services.

\*It is important to note that each post-secondary institution has scholarships and grants that are specific to that institution. When researching, ensure you find the scholarships and grants that are specific to the post-secondary institution you are planning to attend\*

ALBERTA School-Specific Scholarships and Awards

| Alberta College of Art and Design | Medicine Hat College                     |
|-----------------------------------|--|
| Ambrose University                | Mount Royal University                   |
| Athabasca University              | NorQuest College                         |
| Banff Centre                      | Northern Alberta Institute of Technology |
| Bow Valley College                | Northern Lakes College                   |
| Burman University                 | Olds College                             |
| Concordia University College      | Portage College                          |
| Grande Prairie Regional College   | Red Deer College                         |
| Keyano College                    | St. Mary's University                    |
| The King's University             | Southern Alberta Institute of Technology |
| Lakeland College                  | University of Alberta                    |
| Lethbridge College                | University of Calgary                    |
| MacEwan University                | University of Lethbridge                 |

## Alberta's Apprentice and Trades Financial Support

<u>Pre-apprentice Scholarships</u>: Encourage those completing pre-apprenticeship training to continue in the trades and complete their programs.

<u>World Skills Legacy Scholarship</u>: Alberta government scholarships that help students and apprentices participating in provincial, national and international skills competition to further their post-secondary education and skills training.

Databases

<u>Alberta Student Aid:</u> A database of scholarships, bursaries, awards, and other financial aids that are available to those who pursue post-secondary education in Alberta.

\*Many of the provincial scholarships are exclusive to Alberta residents\*

## Loans

Many students rely on student loans to pay for the majority of their schooling expenses. A loan is repaid over time in addition to the accumulated interest.

## PROVINCIAL AND TERRITORIAL STUDENT AID OFFICES

Alberta Student Aid

British Columbia Student Aid

Manitoba Student Aid

New Brunswick Student Financial Services

Newfoundland and Labrador Student Financial Services

Northwest Territories Student Financial Assistance

Nova Scotia Student Assistance

Nunavut Student Funding

Ontario Student Assistance Program (OSAP)

Prince Edward Island Student Financial Services

Quebec Student Financial Aid

Saskatchewan Student Loans

Yukon Student Financial Assistance

## Other Opportunities

<u>British Columbia Youth Parliament</u>: BCYP is a youth organization that recognizes every young person's potential to lead and serve in the community. Since 1924, BCYP has provided a forum for young people to develop skills in leadership, organization, public speaking, and the parliamentary process, and to put these skills into practice through service to youth in their local communities. Each year 97 youth are "elected" to BCYP as representatives of their communities. Each applicant must be nominated by an organization committed to youth (i.e. school, community group, club, church). To be eligible you must be 16- 21 years old, a resident of British Columbia, and willing to participate in BCYP activities for one year.

<u>Encounters with Canada</u>: Encounters with Canada is a unique opportunity for Canadian teens to meet other young people from across the country. Spend an adventure-filled week in your nation's capital. Check out future career options, discover your country, share your hopes and dreams.

<u>Hong Kong Adventist College</u>: Study in Hong Kong for one year or one semester. You can gain a full year of University credits from Andrews University.

<u>National Geographic Student Expeditions</u>: Summer travel programs that aim to inspire and educate high school and middle school students, ages 13 and older. High school students can choose from four program types: indepth expeditions, community service trips, photography workshops, or University workshops.

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11

#### References

Adventist Colleges and Universities. https://adventistcolleges.org/

EducationPlannerBC. Scholarships and Bursaries. https://www.educationplannerbc.ca/plan/finance/scholarship

Scholarships Canada. Scholarships, Bursaries, Loans, and Awards: What's the Difference? https://www.scholarshipscanada.com/News/9/2974/Scholarships,-Bursaries,-Loans,-and-Awards-What-s-the-Difference

StudentAidBC. Grants and Scholarships. https://studentaidbc.ca/explore/grants-scholarships